

## My ISAT experience

My Erasmus experience at ISAT has been great! So for ten months I had the opportunity to study abroad thanks to the Erasmus + Program and I chose this destination.

I spent the school year of 2017 and 2018 at ISAT. To be able to obtain the credits which would be then recognised by my sending institution, Universidad Politécnica de Madrid, I had to do the courses of the last two years of ISAT, the fifth and the fourth year.

Before I arrived there, the international relationship office gave me all the information about the subjects they teach at ISAT. In advance, they also sent me the documentation I had to fill to join the University of Bourgogne. What's more, they offered me to book the apartment for my stay, even though I could do it on my own.

Once I arrived, they welcomed me with a meeting. In that meeting they informed me about the things I should know before starting the course and finish the documentation process of Erasmus. They also help me arrange a meeting with the bank to open a French account, to do the insurances for the apartment and for me. Something that is compulsory in France. They also lent me the security clothes and boots to be able to work at the laboratories.

When the course started, as I was a new student at ISAT, I didn't know anyone from before. However, if you want to make friends, it's not very hard. All the students are very close between them; they help each other in everything, even the fifth-year students with the first-year students. They seem like a big family. Moreover, the first one or two weeks, some social events are organized so that you can meet everybody.

Talking about the university, at the beginning it was a bit hard due to my level of French, but the help of the students and teachers made things easier. At the beginning the schedule of the lessons was a little bit confusing but with everybody's help, I soon got used to it. The organization is a bit different in comparison with Spain. Here, smaller group lessons are made to put in practice the knowledge taught in the theory lessons. Furthermore, the practical lessons have more importance and as they have a lot of equipment, they are really useful to learn and understand the courses.



The university has a lot of machines that are used for the research by their own teachers and doctorates and also for the practical lessons. I know better the section of Materials and Structures where they have many of them to do the practical lessons that are related with the subjects we were learning about in class.

I'm very grateful to ISAT because they also gave me the opportunity to do my final project and work with one of their teachers. I could work with him in the study of fibre metal laminates. We have been working really hard. We spent long time in the manufacturing laboratory and mechanical testing laboratory.

When I was asked to describe what I've been through these last months, no words can accurately describe an Erasmus experience. My rememberings and experiences will be with me forever. I will never forget this experience and the friends I made because everyone has left something.

So my advice for anyone is, if you're given the opportunity to go to this, do it. Erasmus experience at ISAT is amazing, Nevers is a cute town, not very expensive. Don't miss the opportunity. You won't regret it.



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